

# Ready to Sprint

A cheetah is built to run fast.

Besides its long tail, many parts of its body help it move at high speed.

The cheetah's long legs and back help it take long **strides**.

Its large heart and large lungs work together to get plenty of oxygen into its blood.

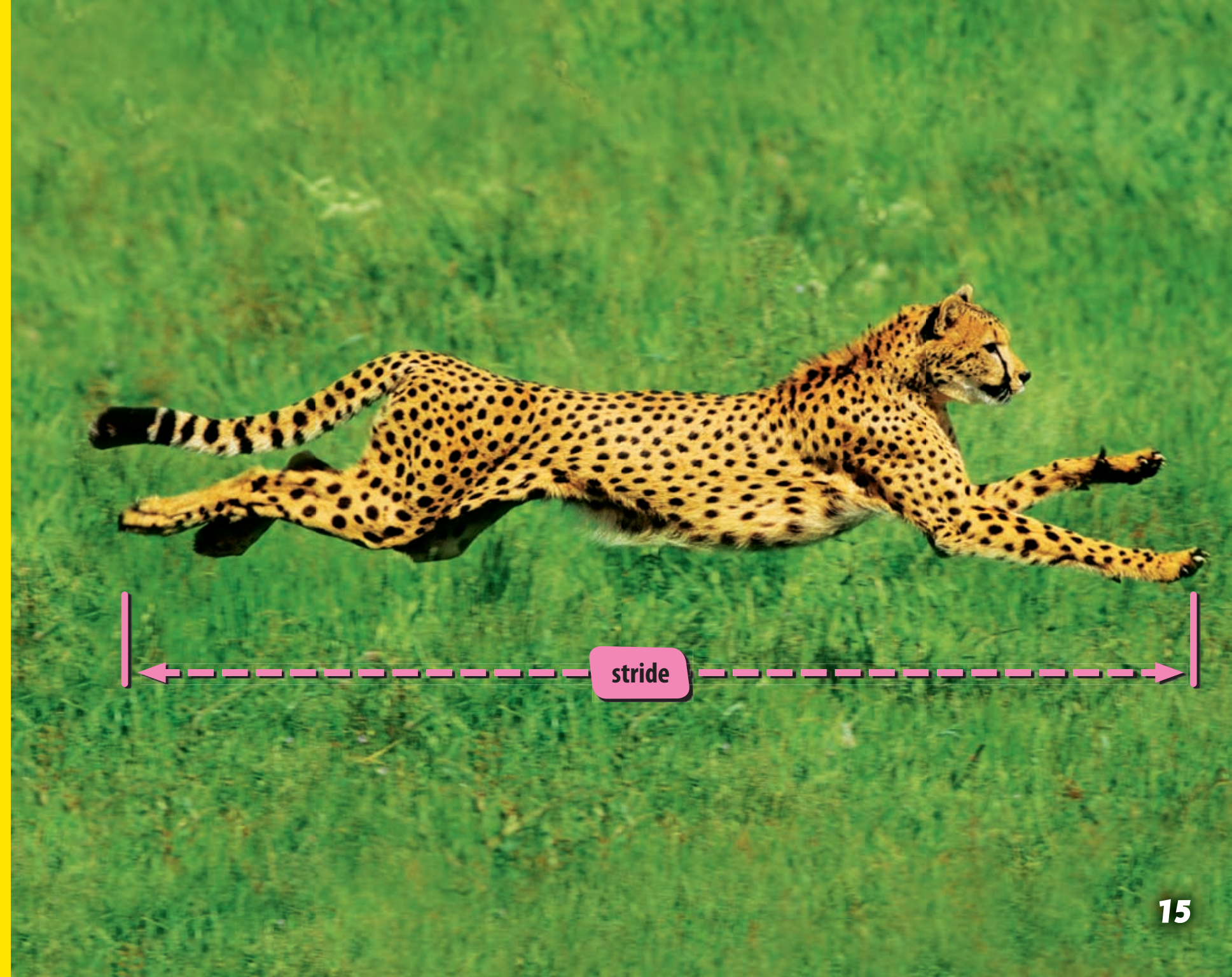
The oxygen-rich blood helps power muscles that make the cheetah's body move fast.



nostrils



All land animals get the oxygen they need by breathing air. Cheetahs have extra-large nostrils that help them take in lots of air—and therefore lots of oxygen.



stride